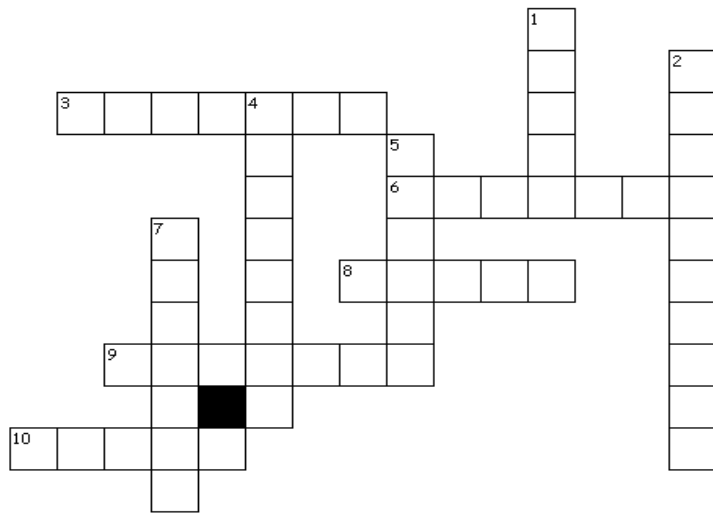


# Teens and Drinking: *Do You Know?*

## Test Your Knowledge

Use these words to complete the puzzle:  
alcohol, alone, blurry, brain, forever, hangover,  
license, seventy, three, wine cooler



### Down

1. 30% of teenage drinking takes place when the teen is \_\_\_\_\_, not at parties.
2. Has as much alcohol as beer (2 words)
4. Bad feeling after drinking
5. Objects may appear distorted and \_\_\_\_\_ after drinking alcohol
7. How long alcohol can damage brain

### Across

3. #1 drug problem for young people
6. What you will lose if convicted of underage drinking
8. Alcohol gets here in about 30 seconds
9. % of Harrisonburg/Rockingham teens who don't drink
10. # of hours it takes for 2 drinks to be out of your system

## Reality Check:

### How Much Drinking is Going On?

Take this quiz based on a new national survey for a reality check about drinking in the United States. It might surprise you.

1. How many 13-year-olds drank in the past month? On average:

Most: 9 out of 10  
Half: 5 out of 10  
Very few: Less than 1 out of 10

ANSWER: Very few: less than 1 out of 10. Only 7 in 100 13-year-olds drank in the past month. So MOST – 93 out of 100 – did not.

2. Among kids ages 12 to 17, how many drank in the past month? On average:

Most: 8 out of 10  
Half: 5 out of 10  
A few: Less than 2 out of 10

ANSWER: A few: Less than 2 out of 10. About 18 in 100 kids ages 12-17 drank in the past month. So MOST – 82 out of 100 – did not.

3. How many adults aged 35 and older drank in the past month? On average:

Most: 8 out of 10  
About Half: 5 out of 10  
A few: 2 out of 10

ANSWER: About half: 5 out of 10. 52% of adults age 35 and up drank in the past month. So nearly half drank less recently or not at all.

**Get it? If you choose not to drink, you're not alone.**

**Parents – talk to your children about NOT drinking.**

**Your Kids Need To Hear From You.**

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