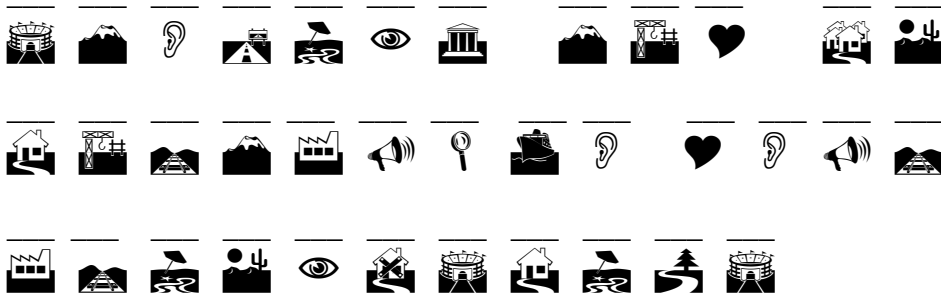
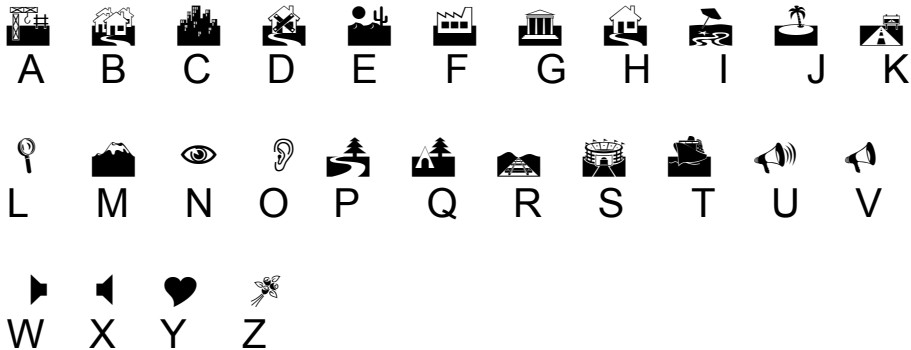


Tobacco: Be Smart... Don't Start!

Use the key at the bottom to read this secret message



KEY



Answer: Smoking may be harmful to your friendships!

Reality Check: How much smoking is going on?

Take this quiz based on a new local survey of adults and teens by the Healthy Community Council and The Office on Children and Youth.

1. How many 8th, 10th and 12th graders in Harrisonburg and Rockingham County do NOT smoke?

Most: 8 out of 10

Half: 5 out of 10

Very Few: less than 3 out of 10

ANSWER: Most: 85% of local teens do NOT smoke.

2. How many adults in Harrisonburg and Rockingham County smoke?

Most: 8 out of 10

Half: 5 out of 10

Very Few: less than 3 out of 10

ANSWER: Very Few: Less than 30% of adults in our area are smokers.

Get it? If you choose not to smoke, you're not alone.

Parents – talk to your children about NOT smoking.
Your Kids Need To Hear From You.