



WIC IS OPEN AND HERE TO SUPPORT YOU WHEN YOU NEED IT THE MOST.

If you are pregnant, have a baby, or children 5 years or younger and have recently had your hours cut or are out of employment due to COVID-19 call your local WIC office:

Harrisonburg/Rockingham: (540) 574-5203

Bath: (540) 839-7246

Highland: (540) 468-2270

Staunton-Augusta: (540) 332-7830 ext. 318

Buena Vista: (540) 261-2149 ext. 100

Lexington/Rockbridge: (540) 463-3185

WIC can provide you with nutritious supplemental foods (ex. fresh produce, milk, bread, etc.), nutrition education, counseling, support, and more.

For more information visit: <http://www.vdh.virginia.gov/wic-participants/>

